LIFE AND LEARNING STAGE

SATURDAY

10:30 am

Introducing our Goddess Glow Collection a 3 Series Collection of Waterproof Mineral Makeup Renee Mccrea Sensuous Express

11:15 am Beauty Talk Adoniaa

12:00 pm How Money Works Trish Van Sickle Primerica Financial Services



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The Tailored Truth: Unveiling the Secrets of Perfect-Fitting Pants Martina Carello Myka Soula Canada

12:00 pm Latin Cardio Dance Blast

12:45 pm Women's Cardiovascular Health Throughout the Lifespan Dr. Sandra Dumanski

Libin Cardiovascular Institute

1:30 pm

Step by Step Flower Arranging for Beginners Eugenia Landry Enchanted Petals

2:15 pm

Digital Detox for The Modern Woman: The Art of Living Well in The Digital Age Emma Hull Midnight Sun Outfitting with Life Untethered Coaching

3:00 pm

SHE FOUND: A Woman's Journey to Thriving Karen Ramchuk Women in Need Society (WINS)

3:45 pm Walking the Winding Road of Widowhood Dawn Paterson The Wise Widow

4:30 pm Weight Loss Innovation: Amanda Preuschoff **Rhythm Mountain Fitness & Dance**

12:45 pm

EV Ownership for Women in Alberta Angie Dean **EVAA - Electric Vehicle Association of Alberta**

1:30 pm

Wrinkles and Tinkles: Innovations in Women's Health and Radiant Aging Dr. Paul Lubitz Art of SKIN Dermatology & Dermaspa

2:15 pm

A Portrait is a Love Letter to Yourself Lorraine Hjalte Willow Creek Studio & Boutique

3:00 pm

Subconscious Imprinting Technique Live Demo Kristi McLeod SomaSkye Wellness

3:45 pm

Fashion Show Chioma Odum & Dara Fred-Omojole EthnyksbyBNO

Introducing the Allurion Gastric Balloon! Richard Reed Rapid Access Medical

Times and topics are subject to change.