CULINARY STAGE



SATURDAY

11:15 am

Unlock the Power of Functional Mushrooms

Komlanvi Dodjro DODJIVI

12:00 pm

Stress-Fwree Holiday Hosting: Gifts, Decor & Easy Entertaining

Lee-Ann Lacroix & Associate's Lee-Ann's Kitchen

12:45 pm

Pasta, Olive Oil & Balsamic: A Delicious Duo Live on Stage

Michael George

Aurelius Fine Oils and Balsamic Vinegars

1:30 pm

Cooking with Confidence

Tammy Griffin

Pampered Chef

2:15 pm

Easy Cocktail for Home with the Disaronno Family

Daniel Boulianne **Disaronno**

3:45 pm

Mango Coconut Lime Bliss Tartlet

Chef Beatrice Dupasquier
Le Cordon Bleu Ottawa

4:30 pm

An Exclusive Wine Tasting Experience Celebrating the Unique and Diverse Flavors of Ontario's Wine Regions

Peter Van Helsdingen Calamus Winery

SUNDAY

11:15 am

Easy Cocktail for Home with the Disaronno Family

Daniel Boulianne **Disaronno**

12:00 pm

Shaken or Stirred: Mastering the Art of Craft Cocktails at Home

Yvonne Langen
Taste and Tipple

12:45 pm

Pasta, Olive Oil & Balsamic: A Delicious Duo Live on Stage

Michael George Aurelius Fine Oils and Balsamic Vinegars

1:30pm

Healthy Meal Prep Made Simple

Diana's Dishes Meal Prep Diana Bishara & Martin Zakaria

2:15 pm

Sweet Traditions: Congo on a Plate

Emmanuelle Tshal
Emma's Délice

3:45 pm

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